

## Acute Medicine Mandatory Training Team Day 1

Time	Session	Learning Outcomes
<b>08:00-08:15</b>	<b>Welcome and Registration</b>	
<b>08:15-11:00</b>	<b>AHLS</b>	<ul style="list-style-type: none"> <li>• Demonstrate how to effectively respond to a choking but conscious patient</li> <li>• Demonstrate how to respond to a choking patient who becomes unconscious</li> <li>• Demonstrate effective CPR compressions</li> <li>• Demonstrate effective ventilation with a bag valve mask in both single-person and two-person CPR</li> <li>• Demonstrate how to put someone in the recovery position</li> <li>• Demonstrate how to use the Physio Control Lifepak 20e and Lifepak 1000 defibrillators correctly (Medical Devices Competencies)</li> <li>• Demonstrate how to respond to an unresponsive patient</li> <li>• Demonstrate how to deliver a shock safely</li> </ul>
<b>11:00-11:15</b>	<b>Break</b>	
<b>11:15-12:15</b>	<b>Communication Part 1</b>	<ul style="list-style-type: none"> <li>• Reflect on the experience of not being listened to</li> <li>• Explain ways to manage challenging interactions</li> <li>• Describe the importance of active listening</li> <li>• List and describe qualities of good communication</li> </ul>
<b>12:15-12:45</b>	<b>Lunch</b>	
<b>12:45-13:45</b>	<b>Communication Part 1</b>	<ul style="list-style-type: none"> <li>• Reflect on examples of poor communication practice</li> <li>• Reflect on their own communication skills and practice</li> </ul>
<b>13:45-15:00</b>	<b>Tissue Viability</b>	<ul style="list-style-type: none"> <li>• Describe the layers of tissue between outer skin and bone</li> <li>• Explain how pressure and moisture damage develop</li> <li>• Describe 7 different types of skin damage: Stage 1-4 and unstageable pressure sores, suspected deep tissue injury (SDTI), and moisture damage</li> <li>• Describe a least 6 techniques to prevent and care for tissue damage</li> <li>• Explain the difference between friction and shear</li> <li>• Explain the importance of correct manual handling techniques in preventing tissue damage</li> <li>• State what level of harm should be reported on Datix for patients who arrive at NUH with tissue damage</li> </ul>
<b>15:00-16:15</b>	<b>Falls Update</b>	<ul style="list-style-type: none"> <li>• Describe ten techniques to reduce the likelihood of falls</li> <li>• Explain the 4 levels of enhanced supervision</li> <li>• List risk factors associated with increased likelihood of falls</li> <li>• Describe what to do if a patient falls near them</li> <li>• State what piece of equipment can be used to lift a patient from the floor</li> </ul>

		<ul style="list-style-type: none"><li>• Explain why a hoist or 6-man lift sheet should not be used to lift a patient from the floor</li><li>• Explain the post-fall procedure</li><li>• Explain Duty of Candour and the importance of informing next-of-kin about falls</li></ul>
<b>16:15-16:30</b>	<b>Feedback &amp; Close</b>	<ul style="list-style-type: none"><li>•</li></ul>